

School Support Network Meeting

“Building Within: Developing the Resilience and Well-being of Educators and Students”

Presented by: Erica Brentan and Kathleen McClay, SCCI Consultants

September 15, 2021

Saved Chat

12:58:45 From Leighann Garland to Everyone (in Waiting Room):

If you have not already done so, please print the handout “The Habits and Dispositions of Resilient People: A Self-Assessment”: <https://padlet.com/mcclaypd/v29hjyugtcd87axt>

13:00:28 From Kathleen McClay to Everyone:

What, if anything, surprised you after doing this self-assessment? Based on this self-assessment, which habit do you feel most compelled to work on?

13:02:01 From Diane Carbone to Everyone:

Be right back .

13:05:04 From Jennifer Coleman to Everyone:

overwhelmed and stressed

13:05:14 From Susan Billy to Everyone:

overwhelmed and concerned

13:05:18 From Sara Bauer to Everyone:

disheartened and concerned

13:05:20 From Dottie Buel to Everyone:

Hopeful and hurried

13:05:23 From Lorena Hodge to Everyone:

overwhelmed and stressed

13:05:27 From Melissa Cosgrove to Everyone:

Warm and overworked

13:05:31 From christine maier to Everyone:

busy busy

13:05:32 From Katherine Gould to Everyone:

tired but excited

13:05:32 From Maribeth Hall to Everyone:

Hurried and grateful

13:05:33 From Christine Orosz to Everyone:

same! Overwhelmed and stressed

13:05:33 From Milissa Dachisen to Everyone:

stressed and overwhelmed

13:05:35 From Tracy Semar to Everyone:

Stretched and excited

13:05:42 From Brian Pascale to Everyone:

Tired and overwhelmed

13:05:47 From Debra Minieri to Everyone:
Stretched is a great one!

13:06:32 From Kathleen Simpson to Everyone:
busy and involved

13:06:55 From Diane Carbone to Everyone:
Tired and stressed.

13:07:26 From Christine Orosz to Everyone:
Christine Orosz, Supervisor of Guidance Lodi Public Schools

13:07:32 From Elaina Benedetto to Everyone:
Elaina Benedetto Mountview Road School Guidance

13:07:35 From Susan Billy to Everyone:
Susan Billy, IU13

13:07:37 From Monalisa Kalina to Everyone:
Monalisa Kalina-NJDOE

13:07:39 From Debra Minieri to Everyone:
Debbie Minieri, School Counselor at Lakeview School in Denville

13:07:40 From Kathleen Simpson to Everyone:
Hi...I'm Kathleen Simpson. I'm an LDT-C at Kittatinny Regional High School.

13:07:45 From Maribeth Hall to Everyone:
Maribeth Hall Lakeview Elementary School Counselor

13:07:46 From Brian Pascale to Everyone:
Brian Pascale- School Counselor Denville Public Schools

13:07:54 From Kelly Bodnar to Everyone:
Kelly Bodnar, School Counselor, Katharine D. Malone Elementary School (Rockaway Twp)

13:07:58 From Jennifer Coleman to Everyone:
Jennifer, Social Worker, Boonton

13:07:59 From Katherine Gould to Everyone:
Kathy Gould, School Counselor at Frelinghuysen Twp School

13:08:11 From Tracy Semar to Everyone:
Tracy Semar, School Health Team/SEL Coordinator @ Center for Prevention & Counseling

13:08:31 From Diane Carbone to Everyone:
Diane Carbone-Sage Alliance, Rochelle Park

13:08:33 From Melissa Cosgrove to Everyone:
Hello, everyone, I am Melissa Cosgrove, Principal of Jefferson School in Roxbury

13:08:36 From Sara Bauer to Everyone:
Sara Bauer GT Coordinator Morris Hills Regional District

13:09:06 From Diana Callahan to Everyone:

Diana Callahan School Counselor, Boonton High School

13:17:55 From Kathleen McClay to Everyone:

Introductions and something you've done well.

13:20:57 From Christine Orosz to Everyone:

validating in a way

13:20:58 From Sara Bauer to Everyone:

good to focus on positives

13:21:04 From Tracy Semar to Everyone:

It was hard to come up with something!

13:21:05 From Diana Callahan to Everyone:

nice to reflect

13:21:31 From Diane Carbone to Everyone:

It is encouraging to focus on positive experiences

13:25:21 From Leighann Garland to Everyone:

<https://slido.com/> Poll No. 785859

13:37:40 From Katherine Gould to Everyone:

I'm new to my district so felt like I don't have a good grasp on these topics

13:38:36 From Christine Orosz to Everyone:

I'm sorry I have another meeting but just wanted to say thank you and have a great start to the school year everyone!

13:44:09 From Leighann Garland to Everyone:

"The Habits and Dispositions of Resilient People: A Self-Assessment"
(<https://padlet.com/mcclaypd/v29hjyugtcd87axt>)

13:45:49 From Monalisa Kalina to Everyone:

I must sign off to attend another meeting.

13:45:56 From Monalisa Kalina to Everyone:

thank you!

13:50:45 From Kathleen McClay to Everyone:

What, if anything, surprised you after doing this self-assessment? Based on this self-assessment, which habit do you feel most compelled to work on?

13:58:50 From Diane Carbone to Everyone:

We talked about being in the moment and trying to prioritize self-care.

14:06:46 From Leighann Garland to Everyone:

Handouts and Resources: <https://padlet.com/mcclaypd/4jd41n6n2f2jin3r>

14:12:16 From Lorena Hodge to Everyone:

Thank you!

14:12:27 From Melissa Cosgrove to Everyone:

Thank you:)

14:12:44 From Susan Billy to Everyone:

Thank you!

14:12:45 From Maribeth Hall to Everyone:

Thank you.

14:12:53 From Diane Carbone to Everyone:

Thank you so much!

14:13:00 From Tracy Semar to Everyone:

This was really nice. Appreciate the tools. Thank you!

14:13:39 From Anna Crumm to Everyone:

Thank you!

14:13:47 From Debra Minieri to Everyone:

Thank you everyone!

14:13:58 From D. Manisa to Everyone:

Thank you for these resources! Also, will certificates be sent out to participants?

14:14:27 From Leighann Garland to Everyone:

Yes, watch your email in the next few days for a follow-up email with resources and a certificate of attendance.

14:14:44 From D. Manisa to Everyone:

Thank you!

14:15:24 From Leighann Garland to Everyone:

New grant cycle for Sustainable Jersey for Schools Funding Opportunity Funded by NJEA

Deadline: October 29, 2021

<https://www.sustainablejerseyschools.com/grants/njea-cycle/>

14:19:00 From Leighann Garland to Everyone:

SEL4NJ: <https://sel4nj.org/>

14:24:44 From Leighann Garland to Everyone:

Email us at info@schoolcultureandclimate.org if you are interested in bringing it to your school.

14:25:18 From Leighann Garland to Everyone:

Please take a minute to complete the meeting evaluation to help us plan for future SSN meetings, coffee chats, and professional development opportunities:

<https://forms.gle/a67BX3t7DmBQ2xUCA>

14:26:56 From Leighann Garland to Everyone:

Please share in the chat something you are grateful for today.

14:27:35 From Anna Crumm to Everyone:

Sorry I have to head out for dismissal thank you!

14:28:28 From D. Manisa to Everyone:

I also have to go out for dismissal. Thank you again!

14:28:52 From Diane Carbone to Everyone:

Thank you so much . I need to attend another meeting.

14:29:05 From Deirdre Spollen-LaRaia to Everyone:

Grateful for a bright day!

14:29:06 From Michele Lachow to Everyone:

My family!

14:29:17 From Diane Carbone to Everyone:

My family

14:29:20 From Melissa Cosgrove to Everyone:

Seeing actual students has been amazing.....so much more lively.

14:29:23 From Sara Bauer to Everyone:

grateful for like-minded colleagues and a chance to take a breath and reflect

14:29:25 From Susan Billy to Everyone:

My family!!

14:29:32 From Tracy Semar to Everyone:

I'm grateful for my family and being able to do work that has impact

14:30:07 From Kathie Immerman to Everyone:

Being able to have the opportunity to spend time with such thoughtful people-committed to SEL